

Russia's Demino Ski Marathon

Join us in 2022 for five days starting on February 23rd
Your guide and trusted leader for this amazing trip will be Natascia Leonardi

The Russian Demino Marathon is one of the Worldloppet circuit since 2013. Worldloppetets are the most popular and amazing cross-country ski courses throughout the world.

Demino is a small town located 360 kilometers to the north of Moscow. The Volga River runs by it. The neighboring city, just 18 kilometers away, is Rybinsk. In that town, there is a ski stadium where there have already been numerous international competitive races.

Demino's marathon—50 kilometers of pure skate skiing—celebrated its eight birthday in 2013 with more than 2500 participants. If you are a hearty sole who loves classic skiing, you might want to stay over for the next day's 25-kilometer classic race. In any event, what is obvious to all is that these events, coupled with Russian hospitality, are going to be professionally run and successful.

Who Is Natascia?

Your guide is Natascia Leonardi-Cortesi. Besides speaking Russian, she has represented Switzerland more than 20 times in World Cup racing. She won a bronze medal at the Olympic Games in Salt Lake City. She has won the ski marathon of Engadine (St. Moritz) four times. She won the Transjurassienne in 2011 and she knows Demino—she has been on the podium two times. You couldn't be in better hands.



Where Are You Going to Stay?

You will be lodged in the Sport Hotel or in a cabin, which is right alongside the stadium from which you leave and where you will end your challenging race. Look forward to modern rooms, all of which have a bathroom with shower and toilet.

For breakfast and dinner, you only have to walk 200 meters to the next restaurant, "the Pristan". Your dinners are "all you can eat"—and you will want to eat a lot.



Day by Day Program:

Wednesday, February 23rd, 2022

Wherever you are coming from, whether it is London, Milan or Zurich, you will fly into Moscow. The hotel for your first night is located directly at the Moscow airport. In the evening, there will be a short meeting during which you'll be given all the information you need about the next few days' activities. Finally, everyone will have dinner. (N.B. This dinner is not included in your package deal.)

Thursday, February 24th, 2022

We will have a bus waiting for you after the breakfast. While not a short ride (6 hours), there is a variety of scenery that you will watch as you go in the direction of Demino/Rybink. Dinner will be in the "Pristan Restaurant".

Friday, February 25th, 2022

You will take breakfast at the "Pristan" next to the hotel. You will be free to do what is right for you, such as training on the course, making sure you get your race packet that contains your numbered bib, and of course waxing your skis. You may want to visit Rybink on Friday night because you will be part of a "Pasta Party," all-you-can-eat, and then some. And finally, Nascia will give you last-minute information on Saturday's course.

Saturday, February 26th, 2022

You will eat a big breakfast at the "Pristan" and then you will race. Just 50 kilometers, after which the celebration begins. There will be lots to do around the stadium. Dinner will be in the "Pristan Restaurant".

Sunday, February 27th, 2022

Breakfast again at the "Pristan" and for those who have it in them, the 25-kilometer classic race will take place in the morning. In the afternoon you can rest or visit the City of Rubink. Dinner in the "Pristan".

Monday, February 28th, 2022

You will leave during this day to go back from Demino to your city of origin. Or, if you are interested in spending a day or two to visit Moscow, we can arrange that.

Date: 23.02.-28.02.2022 (Wednesday to Monday)

Here is What is Included In Your Stay With Us

- ✓ The round-trip bus ride from Moscow to Demino and back to Moscow
- ✓ Four nights at the Sport Hotel in Demino (double room) or in cabin
- ✓ Half board at the restaurant "Pristan" in Demino (4 breakfast and 3 diner)
- ✓ One night at the airport Hotel near Moscow's airport (double room) with breakfast
- ✓ 1 Pasta Party at Friday evening
- ✓ We handle your visa—which you have to have, so don't wait to the last minute.
- ✓ All the services of your guide, Natascia

Now Here Is What Isn't Included

- ✓ Round trip Zurich-Moscow-Zurich. Or, London, Milan, etc. (You will let us know from which city you want to depart for Moscow).
- ✓ Payment of the entry fee for the 50-kilometer skating race on Saturday, about 50 Euros
- ✓ If you decide that you are so strong that you want to race classic Sunday morning, you will have to pay the inscription fee of about 30 Euros.
- ✓ Dinner on your first evening in the hotel at the airport of Moscow
- ✓ And of course, you are responsible for all your personal expenses

Price per person for double room in the **Sporthotel**: Euro 1250,-/CHF 1430,-
Double room with shower and toilet
Single room supplement (**Sporthotel only**) for the stay: Euro 320,-/CHF 360,-

Price per person for double room in **cabin**: Euro 1150,-/CHF 1310,-
Double room with shared bathroom

Minimum number of participants: 6



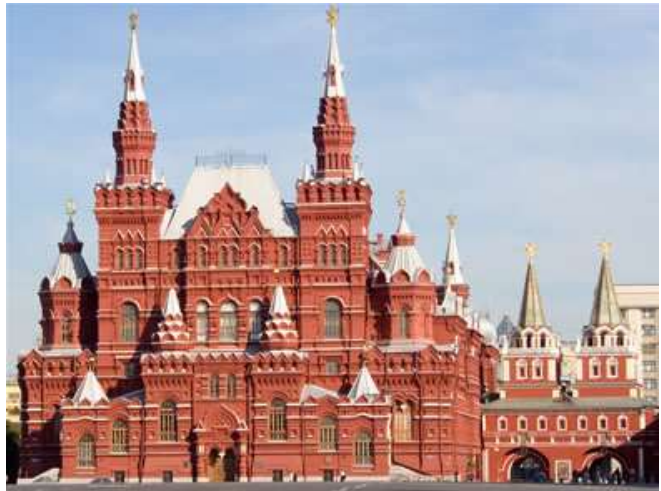
So, You Want to Stay in Moscow for a while?

If you have not visited Moscow, this is the time to do it. After all, you are already there. This is possible on your way back from Demino from Monday, 28th of February to Thursday, 3rd of March 2022.

Price per person for double room with breakfast:

- ✓ Three nights in middle hotel class: Euro 330,-/CHF 380,-

Nataschia knows Moscow really well and could guide you through the town. Price would depend from the number of participant. Ask for an offer.





Registration Demino Marathon 2022

One form per person

_____ First name, last name	_____ Date of birth
_____ Street	_____ Town, country
_____ Mobile phone	_____ E-mail
_____ Your Nationality	_____ Worldloppet Pass Number

Registration for

- Double room in Sporthotel, Euro 1250,-
- Double room in Cabin, shared bathroom, Euro 1150,-
- Single supplement (Sporthotel only) Euro 320,-
- Stay in Moscow in double room, 28.02.-03.03.2022, Euro 330,-

Saturday 50 km FT Sunday 25 km CT

I am Wordloppet Master, and what numbers time _____

I only travel with the group and don't participate at the race.

Airport, please contact us for flight details _____

Start number (BIB)

The Organization of the Demino Marathon decides about your start block. Therefore we need 3 of your results during the last two winters. Worldloppet races and long races over 42 km in classic or skating.

Please give us your time and rang to get the best possible start block.

1.

2.

3.

Please return your filled-out registration via email to the address shown below:

**Sandoz Concept GmbH, Via da Surlej 57, CH – 7513 Silvaplana, Tel: 0041 81 828 94 38
email: travel@sandozconcept.com, www.sandozconcept.com**