

Engadin Ski Marathon

The Largest skating Event in the World

Date: March 13th, 2022

This Alpine valley located in Switzerland's Grisons canton represents for a large number of people an idyllic location for cross-country skiing. The Engadin Valley with its lakes that go to the foot of its fascinating mountain range presents postcard-perfect beauty for which there are not enough adjectives to describe.

The Engadin Valley has it all perfect snow, perfect geographic location, perfect altitude, and perfect dry and cold climate in the winter. Thus, you are assured of excellent Nordic skiing conditions almost all the time and certainly in March.

In 1969, the Engadin Ski Marathon started. It has never stopped. It starts on the frozen lake of Maloja and goes to the little village of S-chanf at the lower level of the Engadin Valley. Every Nordic skier should, at least once in his or her life, race this course. Many, to be sure, come back year after year because the organization is perfect; the transportation is perfect; and the way the race is run is always perfect. And don't forget, every village you pass through offers new goodies to eat and drink. 42 kilometers never seemed shorter! The Engadin Ski Marathon is the largest Nordic skating race in the Worldloppet circuit. Every year there are about 14,000 participants. Don't be fooled by some commentators who say that the course is easy. You have to have good technique and, of course, lots of endurance. And make sure that you know how to go downhill! Otherwise, you might not feel comfortable during the famous descent to the Staz Lake, for example.



Specific Dates During Your Trip:

Of course you will want to check-out at least parts of the course and acclimate yourself to the weather and the elevation preceding the race. From where you will be staying, you only have 200 meters to walk and then you can put on your skate skis and take off for Pontresina. That is where you can reconnoiter the famous downhill we just mentioned. You can also go toward Maloja where you will find the start. While you are checking out any part of the course, you will find a number of good restaurants where you can have a drink, a meal, and take advantage of the beautiful panoramas. On the Thursday before the race, you will want to get your race bib. That can be done at the so-called Marathon Village that is located in Pontresina. Friday evening you will be able to watch some sprint races featuring the biggest stars in cross-country skiing who will be racing with you on Sunday.

Here is how it is going to happen on race day: You will have a hardy breakfast at your hotel and then there will be a bus that will take you to the start at Maloja. You will have to walk 500 meters to the bus stop. If you are going to be racing among the elites, just know that you will be starting at 8:30 in the morning. After that, each of the other groups takes off five minutes later. Where you are placed depends on previous race results. After the race, you will take a small train to the station in St. Moritz and then you have about a 10-minute walk to get back to your hotel. You will be able to take a shower there and then it is time for you to return home or wherever else you might be going.



Your Lodgings: Youth hostel St-Moritz:

A top modern youth hostel with a dazzling location: a holiday paradise for winter. Breathtaking panoramas, a valley of seemingly endless vistas, fascinating contrasts and unique skies. St. Moritz is a world-famous, glamorous center of attraction amidst the ancient, harsh natural environment of Upper Engadin. The building, positioned on the edge of the forest in St. Moritz, has an open and uncomplicated atmosphere. The cozy foyer with a crackling fireplace is the ideal place to relax and recuperate. The Youth Hostel is an ideal starting point for cross-country skiing, you are only 200 meter from the Engadin race track.



What You Get for Your Money:

- ✓ Lodging in the Young Hostel St-Moritz, room category of your choice (see below)
- ✓ Big evenings dinners with buffet breakfasts
- ✓ Local taxes
- ✓ You will be able to shower after the race on Sunday

Date: March 06th to March 13th 2022 depend of your choice:

Price per person	Nights	Double room with lavabo, shower/WC on the floor	4 pers. room with lavabo, shower/WC on the floor	10 pers. room with shower/WC on the floor
10.-13.03.2022	3*			€ 320,- / CHF 360,-
09.-13.03.2022	4	€ 500,- / CHF 550,-	€ 420,- / CHF 460,-	€ 390,- / CHF 430,-
08.-13.03.2022	5	€ 590,- / CHF 650,-	€ 490,- / CHF 540,-	€ 450,- / CHF 500,-
07.-13.03.2022	6	€ 680,- / CHF 750,-	€ 560,- / CHF 620,-	€ 510,- / CHF 570,-
06.-13.03.2022	7	€ 770,- / CHF 850,-	€ 620,- / CHF 690,-	€ 580,- / CHF 640,-

* At least three nights during the marathon week.
Other dates and room categories on request.

The sooner you enter a race, the cheaper it is. If you wait too long, you will have to pay an additional fee. Here are your choices.

Entry fee until:

31.08.2021 Euro 90,- / CHF 100,-
31.12.2021 Euro 110,- / CHF 120,-
31.01.2022 Euro 125,- / CHF 140,-
28.02.2022 Euro 145,- / CHF 160,-

Entry fee from:

01.03.2022 Euro 165,- / CHF 180,-

Service included:

- ✓ All-inclusive cross-country-ski-trails ticket from Thursday through Sunday
- ✓ Bus transfers to the start and from the finish





Registration Engadin Ski Marathon 2022
13.03.2022

One form per person

First name, last name

Date of birth

Street

Town, country

Mobile phone

E-mail

Nationality

Type of room: _____

Number of nights: _____

Please register for the race directly with the organiser:

<https://www.engadin-skimarathon.ch/en/races/engadin-skimarathon/online-registration>